



The following instructions will help you achieve the best results from your **Cosmetic Consultation**. Please take a moment to review this information prior to your treatment.

The day of your Cosmetic Consultation, please:

- Arrive to your appointment with no make-up on. If you are unable to remove your make-up prior to your appointment, please understand that it may take away from your consultation time for us to remove it.
- Be prepared to have your photos taken.
- Have a list of all of your current medications.

1 month before your Cosmetic Consultation, please avoid the following:

- Tanning beds or prolonged sun exposure

We look forward to seeing you at your upcoming appointment!

The Eterna Team