



PRE AND POST CARE INSTRUCTIONS Cosmetic Botox®/Dysport® Injection

Pre Treatment

- Avoid Blood thinning over-the-counter medications such as aspirin, Motrin, ibuprofen, and Aleve. Avoid supplements, including St. John's Wort, Gingko biloba, primrose oil, garlic, ginseng, Vitamin E, and/or fish oil to reduce the risk of bruising (does not affect the efficacy of treatment just can increase the risk for bruising only) for 1 week prior to treatment. Tylenol is acceptable.

Post Treatment

- Redness might be present (and last up to several hours) immediately after treatment.
- Bruising, swelling and/or redness may occur after treatment. Bruising will typically resolve over 1-2 weeks.
- Exaggerate facial expressions for one hour after treatment to work Botox/Dysport through the muscle. Do not rub or massage area treated for 24 hours.
- If, for any reason, scabbing should occur, do not pick or scratch at treated skin.
- Treat skin gently for the first 24-48 hours.

Contact the office if you have:

- Swelling, pain, or increased redness that does not resolve over a few hours to a few days
- Temperature of 100.4 or greater with warmth, redness at injection site, or blanching (lack of color near or around injection site).
- If you have any signs of infection, open sores, skin peeling or lumpiness.

We want you to be completely happy with your visit to Eterna!
Call the office with any questions or concerns 253.268.3400 or after hours 253.466.5011.
If you are pleased with the service you received today, we invite you to post a review on
Yelp or Google.

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