



PRE AND POST CARE INSTRUCTIONS NEOGEN PLASMA

Pre Treatment

- Avoid excessive sun exposure or tanning for at least two weeks prior to treatment.
- 2 weeks prior to treatment use a Sun Protection Factor (SPF) 30+ zinc oxide or titanium dioxide based sunblock and start using Senté Dermal Repair Cream daily until the day of your treatment.
- Stop using exfoliates such as scrubs, Retinols, Retin-A®, and AHA/BHA products 1 week prior to treatment.
- During treatment you will hear a snapping/clapping sound each time a plasma pulse is produced. Let us know if you find this uncomfortable as earplugs or earphones could be made available.
- You may experience a sensation of warmth (like mild sunburn)
- There may be the smell of burning hair as some of the light, velus hair, might get singed.

Post Treatment

- Use the products in the Pure Care Collection kit that you were given for 1 week after treatment.
- Protect your skin from sun exposure.
- Always wash your hands before applying Vaseline.
- Try to sleep on your back following treatment of the face for 1 week.
- Following cleansing, use a vinegar solution every 2-4 hours for 1 week to ease any discomfort: Mix a solution of 1 teaspoon of white vinegar to 1 cup of cold water and gently dab on the treated area using a clean washcloth or gauze. Rinse well and apply new lotion from the Pure Care Collection kit immediately.
- Call us immediately if you have continued pain, blistering, oozing or concerns.
- The darkened pink, red, or bronzed skin will peel and flake off. **DO NOT PICK!**
- After peeling stops, use an SPF 30 or higher and treat the new skin gently.
- It will generally be 2 to 10 days after treatment before you can apply make-up or shave.

Please contact your provider immediately if you notice any blistering, rash, crusting, pus, tenderness or any other changes that may concern you.

**We want you to be completely happy with your visit to Eterna!
Call the office with any questions or concerns 253.268.3400 or after hours 253.249.6979.
If you are pleased with the service you received today, we invite you to post a review on
Yelp or Google.**