



The following instructions will help you achieve the best results from your **PRX-T** treatment. Please take a moment to review this information prior to your treatment.

Please inform your provider about any topical/oral medications or health conditions that may affect this treatment.

1-2 days before receiving treatment, if you have a history of facial cold sores please:

- Start taking an anti-viral medication 1-2 days prior and 7 days after your peel.

48 hours before receiving treatment, please avoid the following:

- Neurotoxin treatment (i.e., Botox®, Dysport®, Xeomin®, etc.)
- Discontinue use of alpha hydroxy acids, beta hydroxy acids, benzoyl peroxide, retinols, and other potentially irritating products 7 days prior to peel.

1 Month before receiving treatment, please avoid the following:

- Chemical Peels
- Microneedling
- Non-ablative resurfacing treatments per the skin care professional's assessment

6 Months before receiving treatment, please avoid the following:

- Facial surgery
- Accutane® (Isotretinoin)
- Chemotherapy or radiation therapy

Evening of treatment

- Apply a generous amount of WiQo Moisturizing Face Cream for Dry Skin at night. Use a fingerprint size and massage into the skin until absorbed.

2 days and beyond:

- Mild to moderate flaking can occur and last 2-3 days. Apply WiQo Moisturizing Face Cream for Dry Skin several times a day.
- AM: Apply WiQo Moisturizing Face Cream for Dry Skin and physical sunscreen SPF 40+
- PM: Apply WiQo Facial Smoothing Fluid, wait 30 minutes and apply WiQo Moisturizing Face Cream for Dry Skin.
- Resume your regular skincare regime 7 days after your last session.

We want you to be completely happy with your visit to Eterna!
Call the office with any questions or concerns 253.268.3400 or after hours at
253.249.6979

**If you are pleased with the service you received today, we invite you to post a review on
Yelp or Google.**